



INDIAN SCHOOL AL WADI AL KABIR

DEPARTMENT OF EVS (2023 – 2024)

CLASS: I











LESSON: 3 FOOD WE EAT

RECAPITULATION WORKSHEET

RESOURCE PERSON – MS. SABINA.D

NAME: _____ SEC: _____ DATE: _____

Q1. Identify and colour 'Thumbs up' sign in red for the correct statements and 'Thumbs down' sign in green for the wrong statements.

a.	We get eggs from plants.	 
b.	Fruits are generally spicy.	 
c.	When people are ill, they eat special food.	 
d.	Tomatoes are pulses.	 
e.	We eat food when we are hungry.	 

Q2. Give 2 examples of each.

a. cooked food: 1 _____ 2 _____

b. food from plants: 1 _____ 2 _____

c. seeds from plants: 1 _____ 2 _____

Q3. Draw your favourite food you would like to eat on your favourite festival.



Q4. Answer the following question.

1. From where do we get fruits and vegetables?

Ans _____

Q5. Remember what did you read in the lesson? Think and fill in the missing letters.

1. A vegetable that begins with the letter **b** _____ **r** _____.

2. A vegetable that begins with the letter **c** _____ **t**.

3. A seed of the plant that begins with the letter **w** _____ **t**

Q6. Complete the following statements using your textbook.

a. We must eat enough food to stay _____.

b. Our food comes from _____ and _____.

c. Cereals such as rice and wheat are _____ of plants.